

Om Shanti, Om Shanti, Om Shanti!

Dadi is saying that all of you should respond with sweet silence and a sweet sound, "Om Shanti".

Gayatri: It is an honour for me to be interviewing Dadi Janki. One of the things about interviewing Dadi is that she is indeed her own master, so when I ask a question she takes her own time to answer them. Hopefully, we can get through all the questions we have, and they are quite interesting questions.

Dadi: Could there be questions for silence, as well?

Gayatri: Yes, lots! The first question I'd like to ask Dadi is what is the *silent message* that is conveyed in the greeting, "Om Shanti"?

Dadi: When you want to give a message of silence with, "Om Shanti", then you yourself have to go into the experience of silence inside yourself, so that when you speak those words the vibrations reach the others. I'm sure you notice that the way which you said, "Om Shanti" and the way which I said it, there was a difference, wasn't there? In the days when we used to do devotion, we used to chant "Om". Yet, there wasn't the experience of silence. When I say, "Om Shanti", first of all it means, "I am peace", and then I say "Om Shanti" in words. Shall I clarify a little more?

Why did we greet each other with "Om Shanti" three times? Firstly, to recognize that peace resides inside of me. Previously we used to look for peace outside. Who is saying this? It is the Ocean of Peace, the Father Himself. He says, "Hey, soul. You, the soul are peace". "Om Shanti" for the third time – we understand the meaning of this inside, but we remind ourselves that the home of peace is our place of residence. Physically, you may live here on the physical plane to play your part, your role, but actually your home is the land of peace. This is the understanding that comes through "Om Shanti": That I am the embodiment of peace and the One who gives peace is my Father, the Ocean of Peace. He also reminds me that my home is the home of peace. It is a place where there is no sound, no action and no relationships of the body. We live in that place of peace and we are the children of the Ocean of Peace. With this understanding we can say "Om Shanti" and the awareness of all three comes together.

So, I'm not just asking you are you okay, but I'm asking everybody are you okay.

Gayatri: Dadi, there is silence in sound and there is silence beyond sound. I once witnessed a scene where someone said to you, "Dadi, you advise others to be in silence, and yet you speak so much" and you answered, "I could not speak I were not in silence". How do you find your voice in silence?

Dadi: How can I tell this secret to everyone? This is a secret! This is very practical: I'm speaking and all of you are listening, but you're listening with silence, are you not? Your eyes and your intellects are not wandering elsewhere, are they? Nobody's looking at the clock are they?

What happens for me, in my practical life is that one person wants to speak to me, and then another one, and another one, there is always someone wanting to speak to me, sometimes many people at the same time. I remember I was in Germany about thirty years ago and this was happening – lots of people wanting to speak to me. Someone said to me, "When something like this happens to us we become very confused that so many people want to speak to us at the same time, and I noticed that you're not getting confused. How is this happening?" I said to them, "Well, what is there to be confused about? Okay, this person wants to speak to me, I speak to them: I go into silence for a second, then the next person and then the next person and so on. Then, I'm able to deal with everyone in the right way. The way I see it is that if someone comes to me, then ofcourse they've come to seek an answer from me, so I'm the one and I have to be available to do that for them. If someone is in a hurry and they need an answer quickly, then I can deal with them first and I say to the next person can they wait a little bit and then they wait.

The thing is that nowadays people are confused because they don't know whether they can relate the things of their heart to someone or not, and if they do decide to relate them to someone, they're not quite sure who they should and who they shouldn't relate to. There must be so much faith and

love in others for me, so that they are able to come to me and are able to find the solution so that their life becomes clear for them in the future. The other thing that is also important is that when I have loving feelings and intentions for them, then they understand very quickly; they don't take so much time and effort to understand what I'm explaining.

I have an experience with Brahma Baba (the founder of the Brahma Kumaris) myself. I would enter a room with so many questions that I wanted to ask him, but when I came in front of him, then all the questions would be gone. It was often not necessary to ask him questions: I would get answers automatically without having asked anything. My loving feeling for everyone is that they should be able to find answers very quickly and easily, so that the journey of their life becomes easy. So, let's pay attention to what we're here for. Don't become distracted too easily. These are not just answers to questions that are being asked from the stage, but in these answers you will find that you will find answers to the questions that you have.

So, Sister, deep inside there is silence. That means I don't need to think about anything myself. The power that comes from God to stay in silence allows me to do service.

Gayatri: I just want to follow up a little bit on that and ask a question on communication. Clear communication rests on silence and sound. Dadi speaks, we listen. We speak, Dadi listens. So, I wanted to ask her that she listens to us with a lot of silence. How does she hear our words correctly and how does she understand our feelings correctly. I think that somehow silence allows this to happen and this gets lost in our communication today.

Dadi: What are you doing? Are you sitting watching me? I remember a song actually: "God is watching me, God is watching me".